



“Bob’s Interview”



By Crime Writers of Canada Associate Bob Harris

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A fast ride in Los Angeles and late night shivers at the corner of Hollywood and Vine.

As an Executive Producer, Tour Manager, box office auditor, and show paymaster, on Toller Cranston’s “The Ice Show” in 1977, there were days when I didn’t know what was coming at me. Sometimes as peacemaker.

“TOLLER CRANSTON IS NUREYEV ON ICE!”

-New York Times

“THE BEST ICE SHOW IN THE WORLD!”

-Bob Lape, ABC-TV

“EXCITING. INSPIRED THEATRICALNESS. SPLENDID COSTUMES AND LOVELY SCENERY.”

-James Davis, N.Y. Daily News



The national tour poster - Vancouver Pacific Coliseum

If you’ve been reading the introductory pages of my interviews with CWC authors, you know that a backstage encounter with a professional collector of gambling markers from Florida occurred in Calgary. That, and encouragement from my SFU writing instructor Ingrid Rose, inspired me to start writing my first crime novel.

I’ve flown into LA a few times, such as when a country-rock act on our booking agency roster showcased in 1981 at The Palomino, the world famous country music club. Or, when I covered a women’s combat sports convention as a writer for a New York City magazine. Or, when routing through LAX from Singapore to Vancouver late afternoon on September 10 and wondering why airport armed security was so tight and uptight. I would know why later, as I shook off jag lag and watched the first live television coverage of 911.

Bob Harris is a Vancouver writer, book promoter and publicist.

Lately, he has caught the eye of award-winning film and TV producers who have become his clients. The first being **M.N.”Mark” Grenside**, formerly of London, UK, now residing in Malta and author of his highly acclaimed debut novel *FALL OUT*—a thriller set with the movie industry as a backdrop and flavoured with the little known history of conspiracy, murder and theft of a half-a-billion fortune in the Philippines during WWII.

Recently, Bob joined Emmy-winning CDN/USA film maker and new CWC member **David Rabinovitch** to promote his first book *Jukebox Empire*. It’s set for an October 15th release in the USA and Canada. It tells the true story of David’s uncle Wolfe Rabin, an aspiring tycoon who partners with a racketeer to build a jukebox that makes millions, then takes the fall for the largest money-laundering scheme in history. A page-turner that is no doubt destined to hit the bestseller list. Check out jukeboxempire.com.

This month’s interview is with the *USA Today* Bestselling Calgary author who just celebrated the launch of her 100th book: **P.D. Workman**

So here’s the thing: When Cranston’s tour headed to The Maritimes, I had to leave it and head to Los Angeles to look up the American Producer, a real estate tycoon. He held the signed contracts with Toller and his world-class cast of skaters. I was looking to get his signature on a \$50K US promissory note. **What a dance that was:** a meeting at his office at Avenue of the Stars, Century City; then a ride in his Corniche for a meeting at the Polo Lounge with a Cali senator about Hollywood restoration; and then my lonely, late night wait for cab on the corner of Hollywood & Vine, while keeping eye on a pack of bikers partying at a hamburger drive-in across the street.

"The most thorough interview I have ever done. Bob Harris clearly did his homework, and it was a lot of fun to reflect on my author career (so far) with him. Thank you for your time, Bob! P.D. Workman

Meet P.D. "Pamela" Workman

Pam contacted me in April about an interview and mentioned she would be publishing her 100th book, ***Sanctuary in the Stream***. She was wondering if we could line something up. Are you kidding me? I jumped at the opportunity to share this amazing accomplishment with her.

In this interview, you will discover Pam's world which she so graciously revealed to me. Thus solving the mystery of: how does she do it? I encourage writers to take note of her process and success, especially the self-published authors.

On June 17, 2023, Pam hosted her 100 Book Celebration with *Sanctuary in the Stream* in Calgary. Among the guests and fans attending was her grand-niece Verna whose mom is also a writer.



***Our conversation:**

Hello Pamela, thank you for making time for this interview.

I would like to acknowledge you as the second Calgary author to respond to the announcement from CWC Executive Director Alison Bruce that I am now interviewing authors from across Canada for postings on the newly created "Bob's Interviews" category in the Author Interviews section of CWC's website.

While engaging in research for your interview, I was amazed by your writing and publishing diversity.

You began publishing in 2013 and have delivered over one hundred books, culminating in an impressive list of awards and acknowledgements.

Thank you for introducing me to your work and the privilege of interviewing you on publication of your 100th book ***Sanctuary in the Stream***.

Let's begin with a brief overview of your career as a legal assistant and what led you into writing and publishing.

I have been writing since I was a kid. I started working as a legal clerk on graduating high school, and stayed in legal and administrative work for many years. I have worked with Andy Crooks, a well-known Alberta lawyer, for almost thirty years. Though he is retired from law and I am writing full-time, I still work a few hours a week with him, mostly related to publishing his books.

In 2013, he was planning to retire in five years, so I was considering what I would want to do when he retired, whether I wanted to change professions and needed to get additional education or training to prepare for that, etc. I was starting to think about publishing, and it seemed like a good idea to dip my toes in the water while I still had a fulltime income.

I had a large backlist of books that I had written for my own entertainment, and knew that I could write at least three books a year, so my initial plan was to publish three of my already-written books and three new books per year, and see where I was in five years.

I quickly found that it was easier to write a new book for publication than it was to rewrite those earlier books, which had only been written for fun, so that they were properly structured, targeted, hit the proper tropes, etc. Using the older books took two or three rewrites and were still not quite as publishable as new books which were written with an audience in mind. So I still have a number of older books that will likely never see publication as well.

Andy took longer than five years to retire, and I took longer than five years to reach the point where I was comfortable writing full-time. We managed to coordinate our plans so that I was officially writing full time after about seven years.

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The Writer and Reader

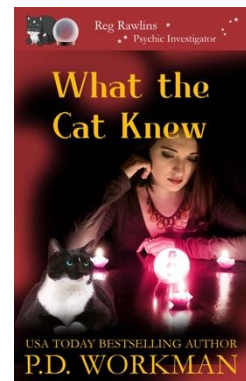
When did you realize that writing was your passion?

My mom kept little construction paper books that I made before I was old enough to read and write, filled with little scribble marks. I have wanted to write books as long as I can remember. I have some little poetry books and a chapter book about an anthropomorphic rabbit that I wrote when I was about ten, some reference books, two failed novels, and then succeeded in writing my first full-length novel when I was twelve. So I guess I have always been passionate about writing—but I always listened to the general consensus that you can't make a living writing books and never considered it as a profession.

Describe the genres you have pursued. What is your preference?

That first novel was a young adult novel, and so were most of my early novels. Mostly crime related. I wrote some fantasy or sci-fi in those early years as well. A few plays. My published works cover a number of sub-genres of mystery, suspense, thriller, horror, and YA, with a couple that venture into literary or women's fiction.

It's hard to say what I like best. I like to switch between genres because it helps to keep things fresh and interesting. I like research and realism, but with the introduction of the Reg Rawlins, Psychic Investigator series, I found that I still really like writing fantasy too. It is fun to make up my own rules and add my own twists to traditional lore and myth. I still end up doing a good amount of research for that series as well, but it is a different kind of research.



My topical research folder is a very interesting mix of 125+ subfolders from **A**buse to **Z**ombies!

Who and what are your influences and why? And mentors?

In YA, authors like Jay Bennett, S.E. Hinton, and John Green. I've been reading mystery and crime since I was about 11, cutting my teeth on Agatha Christie and Mary Higgins Clark. And one of my dad's favourites, Erle Stanley Gardner. I love Dick Francis, John Grisham, James Patterson, Michael Connelly, Janet Evanovich, Sue Grafton, Lilian Jackson Braun, Joanne Fluke, Robin Cook... I think they are amazing writers I can only aspire to measure up to.

As far as mentors go, I am mostly self-taught prior to 2013. I have participated in a number of mastermind groups since I started publishing, as well as a number of reader communities who are mostly based on Facebook these days.

As a reader, what type of book keeps you hooked and turning pages through the day or night?

Mostly crime fiction. I have never been interested in romance, and only occasionally venture into fantasy and sci fi (though I read a lot of fantasy while homeschooling my son.) I like suspense and deep characterization. Something that really puts me into the protagonist's head.

Do you have an ideal reading experience? (Please describe in terms of when, where, what, how and purpose).

I love to read while I run early in the morning. That's when I am really relaxed. You'll rarely find me "curling up" with a book these days. I'm usually either listening to an audiobook while I work out or do chores, or reading an ebook while brushing my teeth or sitting in the car waiting for someone.

What books have you read recently? (What format--print, e-book)? **Do you listen to audio books?**

All on audiobook in May/June:

The Loch Ness Papers, Paige Shelton
Revenge Tour, Mike Lupica
The Hawthorne School, Sylvie Perry
Death Overdue, Allison Brook
2 Sisters Detective Agency, James Patterson and Candice Fox
Watch Me Die, Clare Macintosh
Let me Die, Clare Macintosh
Hideaway, Nora Roberts
Body on Baker Street, Vicki Delany
Hatchet Island, Paul Doiron
The Target, David Baldacci
Storm Watch, C.J. Box

How do you organize your personal reading book library and your work-related library?

Both are digital so they can be searched and sorted. I also have a bunch of video seminars/courses that I really need to catch up on but I rarely set aside time to watch videos.

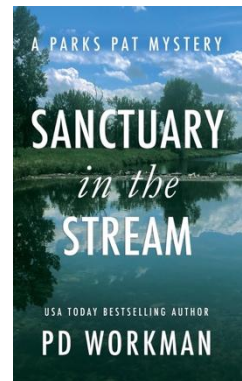
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The Parks Pat Mystery Series
(police procedural)

Your 100th novel, *Sanctuary in the Stream*, launched on June 16, 2023 and is the ninth book in this series.

Describe the setting, lifestyle and ethnic profile of your main character Homicide Detective Margie Patenaude.

Margie Patenaude is a Métis detective who has recently moved from Winnipeg to join the Calgary Homicide team. She is the single mom of a teenage daughter, Christina, and lives close to her grandfather, Moushoom, so that they can visit him often. Family is very important to her and she spent some summers in Calgary as a child.



What influenced your decision to keep the series set in park environments in Calgary, Alberta?

Originally, I was talking about cowriting a series with another author or group of authors. We were looking for some interesting and picturesque “arm chair travel” locations for the murders. I drew on my experience with the creation of the Glenbow Ranch Provincial Park and suggested Calgary and area parks.

That project fell through, but I liked the idea of a novella mystery series set in the parks and had set aside time for it, so I decided to take the parks setting idea use it to create my own series.

What inspired the series?

I had been wanting to do a police procedural series for a while (it’s a lot easier to explain why a homicide detective is solving murders than why a baker keeps tripping over bodies.) I took the idea of writing about murders in the parks from the collaborative project that we had been talking about. I was teaching a class at When Words Collide on character development, and as a group exercise, brainstormed ideas for the character that was to become Margie Patenaude. So it came from a lot of different places.

Your work is known for addressing many social issues. What is the central theme and moral function of the series?

Different volumes have addressed a number of social issues, but underlying the series are the importance of family, culture, truth, tolerance, friends, and a connection with earth/nature/environment. Margie's family and origin are important facets of Margie's life that she is always trying to keep as her "true north" (even though she has a terrible sense of direction.)

The *Sanctuary in the Stream* story is 125 pages long in a fast read format which reminded me of James Patterson's highly successful 86-book "BookShots" stories. What inspired your story and how long did it take to complete from concept to final publication?

Visited the Park – Aug 2, 2022

Walked around the Bird Sanctuary with hubby, taking pictures and discussing possible methods of murder, body dump sites, etc. Always an interesting way to visit a park. We try to make sure no one overhears us! I had a feeling that I wanted to include the beavers in the story, and also noted electronic surveillance at a construction site on-park that I thought I might include. Several bridges in the park make it a challenging site for Margie to investigate, since she is afraid of the water.

Planning and Research – Week of Aug 22, 2022

Researched beaver attacks, the park's history, and various botanical poisons. Worked out the general plot, characters, and marketing materials.

First draft – Sep 12-16 (27,000 words)

Started on the same day as I finished the previous book *Spanning the Creek*. Wrote 6,000 words per day until completion.

Second draft – Sep 21-22

Third draft – Oct 25-27

Fourth draft – Apr 1, 2023, and sent to editor

Back from editor – Apr 27, 2023

Sent to ARC readers – May 8, 2023 / Published – June 16, 2023

Having spent many hours attending murder trials in British Columbia Supreme Court and observed video footage of police interviews with the accused, I think your scene description and dialogue of Margie's interview with the suspect in the police station interview room is well done.

Have you attended a trial where the Prosecution has presented a police interview room video?

I haven't, but it would be really interesting. I do enjoy watching true crime shows, which often include footage of actual police interviews.

Please give me the "behind-the-scenes" story about how you researched and developed Margie's excellent interview room scene with the suspect.

As well as true crime shows, Det. Dave Sweet is also a good resource in this area, as I have attended several of his presentations at When Words Collide and read his book *Skeletons in My Closet* where he discusses police interrogation techniques (and how they differ from TV crime drama interrogation techniques) a good deal. I also get a lot of great information from Facebook groups like Cops and Writer and Legal Fiction. I've written a lot of police interviews, and each time I've learned a little bit more than the last time.

When is Book 10 in the series set for launch?

Books 10, 11, and 12 are tentatively scheduled for July 2024

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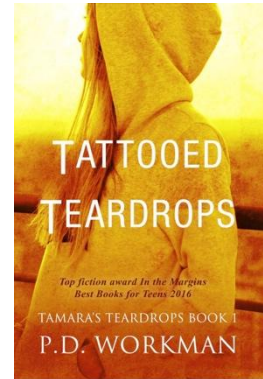
Additional Series and Stand-alones

You have written and published mystery/suspense/thriller and young adult books which include series and stand-alone. Briefly, please tell me about them and what inspired them.

I have four YA series:

- *Between the Cracks* – a family saga that follows members of the Simpson family as they deal with the trauma and abuse of their early lives – this series has won several awards from the In the Margins Committee

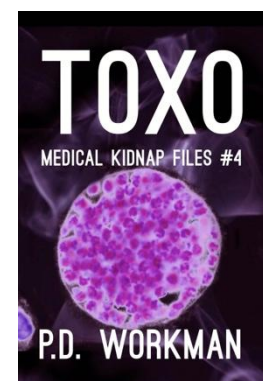
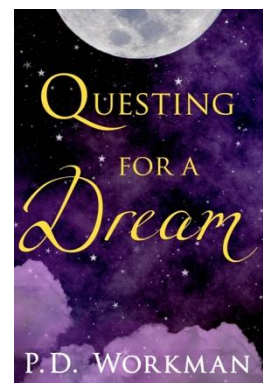
- *Breaking the Pattern* – the stories of three interconnected teens dealing with abusive situations
- *Tamara's Teardrops* – begins with *Tattooed Teardrops*, which won the In the Margins Top Fiction Award for teens, in which Tamara is released from juvenile detention on probation... but things do not go well. The series follows her in and out of incarceration as she tries to move forward and find her place in life.
- *Medical Kidnap Files* – a suspense series about teens/children who are apprehended from their families due to medical conditions rather than abuse. (Each volume is inspired by an actual case.)



My young adult books have mostly been inspired by the experiences of teens living in foster care and on the streets, dealing with addiction, abuse, the sex trade, PTSD, mental illness, disabilities, etc. I really feel that we need to be talking about these issues rather than ignoring them, and my books are my way of opening these conversations.

Books that had special inspirations:

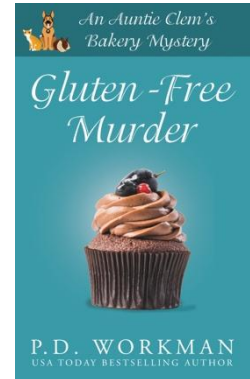
- *Intersexion* – I was completely ignorant of intersex/DSD conditions, their history, and how these conditions have been handled (or mishandled) since the 50s, until reading a news article about a horrific case involving a child. By the end of the day, I had done a ton of research and knew that had to be the next book I wrote. I had finished the first draft of *Intersexion* within a few weeks of reading that article.
- *Questing for a Dream* – The librarian at a corrections centre contacted me about how their indigenous girls had no books to read about kids like them. This is probably the book that I have done the most research for, with over 200 sources. I wrote it the month after I received her email.
- Several books in the *Medical Kidnap Files* had specific inspirations. *EDS* was written to help raise awareness for Ehlers Danlos Syndrome, which my friend and her two children have. EDS has become more well known in the past few years, but is still underdiagnosed and not well understood. *Toxo* combines three separate inspirations – an autistic boy violently arrested when



his stimming is mistaken for tweaking, the Motherisk hair strand testing debacle which was brought to my attention by a fellow writer who figured I would want to write about it, and a father who had read EDS and had his own medical kidnap story to tell.

And I have several mystery/suspense series:

- *Auntie Clem's Bakery* – a culinary cozy mystery series where the sleuth is a baker running a gluten-free specialty bakery – I have been gluten-free for over a decade and have other dietary restrictions, so the baked goods in this series and the ingredients and techniques used to produce them didn't require quite as much extra research as you might think.
- *Reg Rawlins, Psychic Investigator* – a paranormal mystery and adventure series which is a spin-off from the Auntie Clem's Bakery Series, filled with witches, familiars, fairies, pixies, elves, goblins, and much more.
- *Zachary Goldman Mysteries* – a private investigator series featuring a PI who is dealing with his own mental illness, disabilities, and traumatic past while trying to crack cases that the police have passed over.
- *Kenzie Kirsch Medical Thrillers* – a spin-off from the Zachary Goldman series in which his girlfriend/partner stars as the assistant medical examiner investigating homicides through forensic pathology.
- *Parks Pat Mysteries* – police procedural which we discussed above.



A few stand alones and others that deserve mention are:

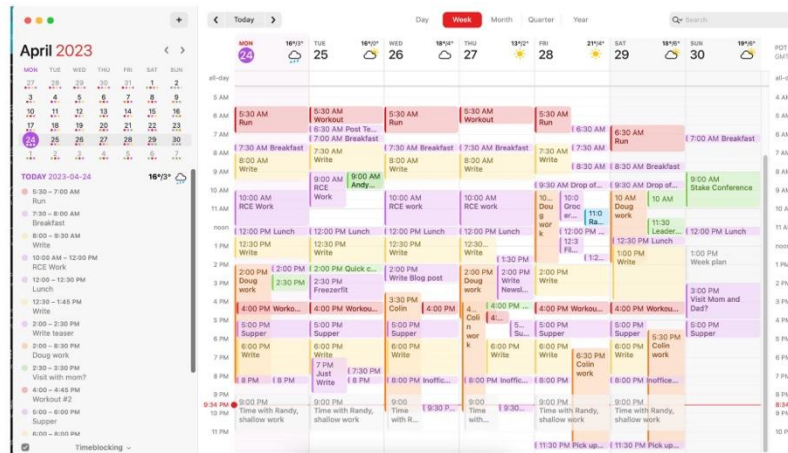
- *In the Tick of Time* – tick bites can cause alpha-gal allergy, which makes you sick and can cause anaphylaxis when eating mammalian meat (an issue that I have, though I have never, to my knowledge, been bitten by a tick). This book was inspired by a random suggestion on social media — what if ticks have been weaponized by vegans to convert all of the meat eaters to vegetarians? I just had to write it!
- *Loose the Dogs* – what I would call “light horror” inspired by the true story of a group of starving dogs found in a trailer with the remains of their dead owners. Opinions were split as to whether the dogs had



killed the owners or merely consumed them after they died of other causes because they couldn't get out of the trailer. There were calls for the dogs to all be put down, but they were sent to the humane society to be adopted out. In a similar fictional scenario, *Loose the Dogs* follows each of the dogs to their adoptive families to see what horrible things follow, each of which is inspired by a true dog attack.

- *His Hands Were Quiet* in the Zachary Goldman series addresses the issues of using electric shocks and ABA in training children with autism, which is still happening today (despite some of the book reviews that say "this would never happen in real life.")
- *Virtually Harmless* is part of a multi-author high-tech-thriller series and uses some of the amazing advances in DNA phenotyping and genetic genealogy to catch a killer. This book and one of the Zachary Goldman series use genealogical DNA advances that I was researching and using while mapping out my (adopted) son's DNA family tree.

Describe a typical week in your writing life as an author, publisher and businesswoman.



I'm up each morning at 5:30 for a run/workout. I journal and write out what I am writing that day (while the books are loosely outlined, I take a few minutes to map out the upcoming scenes in greater detail.) I then spend 1-1.5 hours writing, a couple of hours on my side gigs Monday through Thursday, then break for an early lunch.

Back to writing for an hour or two in the afternoon, followed by other writing/publishing work. A second workout at 4, supper at 5, then back to

writing at 6. I am usually finished my daily word quota by 7 or 8, and then work on things like accounting, marketing, and chores.

At 9 I spend time with hubby, doing shallow work (covers, social media, copyright registrations, administrative stuff, etc.) until between 11:15 and 12:15 depending on the day of the week. Then yoga, devotional time, and lights out by 12 or 1.

Friday morning is grocery day, and I have various "mom taxi" details throughout the week. Sunday is rest day. I sleep in until 6:30 if I can. No writing. Several hours go into planning the upcoming week to make sure I am on top of everything.

(Yes, my average length of sleep averages 4 to 4.75 hours if I am sleeping well.)

It boggles my mind how you manage to publish so many books in a month and over the course of a year.

Do you have a row of filing cabinets loaded with edited manuscripts ready to go? Or perhaps a stack of hard drives filled with digital manuscripts waiting for a mouse click? How do you do it, Pam? Kindly enlighten me.

I have the books to be released for about the next eight months written, in at least second draft.

I begin writing a new book on the first of each month. I write a word quota of 5,000 to 6,000 words per day, depending on what series I am working on and if I have any additional projects (such as novellas for multi-author cross promotions, anthologies, etc.) I will finish the first draft around the 19th of the month, then do a comprehensive edit. Then I don't look at it again for at least 30 days.

While doing edits, I am also planning and researching for the next book. After that month's book is edited, I return to the previous month's book and edit it again (third draft,) edit the manuscript coming back from my editor, do a final review on the one I am sending out to him, and possibly edits on others as well. Then I begin the next book again on the first of the month.

If I am working on the Parks Pat Mysteries series, then this is adjusted slightly, because they are novella length. I will write three per month, one per week, and then edit them the fourth week.

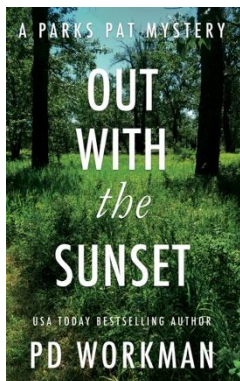
I generally publish on the third Friday each month.

For each book, I have a task template of about 150 tasks from brainstorming to publication. I also have other promotional and marketing stuff ongoing, blogs, website refreshes, etc. In all, I generally complete 1,000-1,500 tasks per month, according to Todoist.

In *Sanctuary in the Stream* you have a Style Note stating your largest readership is in the USA. I would assume many of your fans there purchase your books and e-books through online retailers. But I'm wondering if you have a US distributor who services brick and mortar independent bookstores, Barnes & Noble and other retailers. Please comment.

I use IngramSpark, KDP Print, and Lulu.

I refer to your Style Note wherein you state you have chosen to use American spellings. And, also to use Canadian grammar "particularly for Canadian voices." At what point in your 100 book journey did you make these appropriate decisions?



The Parks Pat Mysteries series is the only series set in Canada, and I wrestled with whether to use Canadian spellings. I have always used US spelling and grammar for everything else. The Parks Pat series is intended to be "armchair tourism" for US readers, giving them a chance to travel to Canada through their reading, so it is heavy on Canadian culture, brands, experiences, and voices. But US readers are well-known for giving negative reviews to books with non-US spellings, so I decided to stick with US spellings, while indulging myself in all things Canadian for every other aspect of the books.

Do you engage an outside editor?

Yes. We were discussing our journey together at my 100 Book celebrations, and figured out that he has edited over 80 of my books, as well as other "extra" short stories and novellas. He is on a monthly retainer. He also hosts my website and provides technical and website support when I run into a problem I can't untangle.

How are your book titles determined?

Each series has a different title structure, so that of course feeds into it. But it generally involves writing down all of the important words that I can think of that describe the book, combining them in different ways, using word association, finding puns, riffing on sayings and other literature, etc. The options are usually handwritten in two columns, filling a whole page.

Then I open up Goodreads and start searching titles. Anything that already exists as a book title or is too close to another book title is out. Anything that pops up a bunch of books in the wrong genre is out. I prefer titles that have zero hits in Goodreads, but I will pick something that has one or two hits that are not too close. Searching on Goodreads also inspires additional words and titles.

Sometimes I do a quick Google search as well, because Goodreads doesn't pick up things like band names, albums, or movies, which can really mess up discovery on Google or Amazon.

This will usually narrow my choices down to 1-3. Then I design my cover and see which one looks best on the cover.

Very occasionally, I will end up completely changing the title after the book is written, because the book has gone in a different direction or the title just didn't feel right from the beginning, but that is rare. I think I have only done it twice. Not a bad record out of 100+ titles.

With *Tattooed Teardrops*, I did my searches to make sure it was a unique title, but then someone else published a book with the same name about two weeks after me. You can never ensure that your title is truly unique! They eventually changed it to something else a year or two later.

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How has membership in Crime Writers of Canada benefitted your career as an author and independent publisher?

It has helped to provide community, boosts social media, provides courses/talks and other opportunities, and some "cred" as a published crime writer.

Are there other writer and publisher organizations you belong to?

I also belong to Sisters in Crime – Canada West and IBPA, and have been a member of ALLi in the past.

Please share a few “light bulb” moments you have experienced on your journey to the 100th book.

I guess in starting on this journey, I had a lot to learn about both my craft and the publishing business itself. I had a very difficult time describing what it was that I wrote and what tied all of the genres together. I had to do a deep dive into why I wrote and what it was that inspired me to write what I did.

In the beginning, I really didn't know whether my writing was any good, whether anyone would want to read it, and whether it would have a real impact on people or would just be “fluff.”

I didn't know much about branding and didn't do a very good job of that at the start. I have just recently updated my branding after several years resisting it.

Realizing that there was more to developing an indie publishing career than just writing random books and throwing them up on KDP and the other retailers.

What major milestones and accomplishments come to mind?

The first time outsiders read any of my books.

Giving my first book to members of my family.

Those first reviews... especially reviews from people I didn't even know.

Getting emails from readers telling me what they loved about my books or making suggestions for future books.

Being nominated for (and receiving) literary awards.

Teaching/leading panels at conferences or schools, being asked to speak at the library, etc.

Being sought out to participate in group events, promotions, and mastermind groups.

Becoming a *USA Today* Bestselling Author.

Getting local newspaper press.

Becoming prolific.

100 books published.

How did your Bestselling USA Today author success come about?

Several other authors and I got together to produce an anthology of 17 full-length medical thrillers previously unpublished. It was a lot of hard work and promotion by all of the authors to get preorders and boost its visibility. On release, it hit the bestseller list.

In an unexpected twist, the organizer/publisher/promoter, who was supposed to turn over our royalties to us in December of that year, instead took the money and dropped out of sight. It was an insight into financial crime and fraud that I wasn't expecting to experience firsthand. He was investigated and charged by the Attorney General's office, and as far as I know (being in a separate country I haven't been able to keep up with it) the case is still ongoing.

Are there writing and publishing conferences, book fairs and related events that you would like to participate in or attend during 2023 and 2024?

I will next be participating in When Words Collide in Calgary, where I am on three panels and teaching one workshop. I am sad that this will be the last When Words Collide, as I have enjoyed participating in it each year. But it sounds like there will be a new conference organized for next year.

I am looking forward to being the featured book/author in Bingebook's Book Club in October.

I love participating in Nanowrimo and Camp Nano, when there are more crazies like me writing a book in a month.

And I have enjoyed participating in my neighbourhood craft fair at Christmas and will probably be doing that again.

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Thank you for this interview, Pam. I've enjoyed my English Bay park bench moments in Vancouver reading *Sanctuary in the Stream*. And, researching and learning about your work has been a pleasure. To wrap up our conversation, kindly give me flash answers to:

Your favourite beverage.

Water (though the occasional hot chocolate is nice on frosty evenings)

A food item you like to bake or cook. Apple Crisp

A memorable book from your childhood.

Danny, Champion of the World, by Ronald Dahl

Your favourite Alberta landmark.

Glenbow Ranch Provincial Park

An unexpected, thrilling moment you experienced in a Calgary park.

Spotting a heron in Inglewood Bird Sanctuary



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